

**EVENTS**

**NAME .....**

Age as at midnight 31<sup>st</sup> August 2008 for all groups up to and including Under 17  
 Age as at midnight 31<sup>st</sup> December 2008 for Under 20s, and age on day of competition for Seniors & Vets

Event	Under 9 (School Years 2+3)	Under 11 (School Years 4+5)	Under 13 (school Years 6+7)	Under 15 (School Years 8+9)	Under 17 (School Years 10+11)	Under 20 (School Years 12+13)	Senior	Vet (W35+, W40+,M40+, M45+)
60m								
100m								
200m								
300m					Women			
400m					Men			
600m								
800m								
1500m								
5000m								
Sprint Hurdles								
High Jump								
Long Jump								
Cricket Ball Throw								
Hammer			(Not Girls)					
Shot								
Javelin								
Discus								

**Tick the boxes for the events that you are entering, in your age group. If a box is shaded then there is no event for that age group.**

**NOTES**

1. All groups up to and including Under 17 are restricted to a maximum of **3** events, and Under 20s a maximum of **5** events.
2. Under 13 and Under 15 age groups may enter **either** 800m **or** 1500m, but not both.