

JERSEY SPARTAN ATHLETIC CLUB CHAMPIONSHIPS 2008

Sun, fun and good performances were in abundance at the Jersey Spartan Athletic Club's Annual Club Championships on Sunday at the FB Fields.

One hundred and thirty five entrants took part. Ages varied from a three year old in the little brother and sister race to Dave Woodsford, who not only competed in the 5000 Metre race as a 50 plus Veteran but provided entertainment all day in the form of commentary on the loud speaker. Athletes young and old were interviewed during the day which added to the atmosphere.

This event is a chance to compete in a fun, relaxed environment but there were also some excellent performances from the more serious athletes. Jersey Spartan records fell to Pierre Sangan in the U9 600 Metre race with a time of 2.01.9, Danielle Leerson who is having a very successful season ran 2.21.4 to break the U15 Girl's 800 Metre record, Shadine Duquemin broke the U15 Girl's Shot Put record with 11.39 Metres and Jenna Murphy high jumped 1.65 to take the U17 Women's record.

There were many personal bests and good performances across the age groups. Hugo Barette won the 80M hurdles, 100M sprint and the high jump for the U15 boys showing what a superb all round athlete he is. Likewise Molly Jehan won the 75 Metre hurdles, 200m sprint and the high jump. The star U9 athletes were Bali Eden and Pierre Sangan who both won their respective 60 Metre sprint, 600 Metre race and the cricket ball throwing competition.