

Dear Athlete/Parent

#### Summer Junior Competitions 2009

We will be organising some Summer competitions for the Junior athletes in the Under 13, Under 15 and Under 17 age groups. The competitions will commence on Thursday 23<sup>rd</sup> March 2009 and will take place approximately the last Thursday of each month. The timetable of events is on the Jersey Spartan website.

It is hoped that all athletes will take part in the competitions even though it may not be an event they would normally consider doing, this will give all athletes a chance to have a “go” at an event outside their normal comfort zone! Also, points will be awarded for 1<sup>st</sup> to 10<sup>th</sup> places in each event, so the more events you take part in the more points you get!

In order to be able to run these competitions we will need help from parents with the officiating – you will not be asked to take charge of events, there will be an experienced person on each event, but we will need help with either raking the sand pit, recording results or using a tape measure.

For each Field event we will need a minimum of 5 volunteers and 4 volunteers for each track event, in addition we will need volunteers to check in the athletes before the competition and to gather results in.

If you would like to volunteer then please contact Karen Le Mottee, at the track or by email on [Karenlemottee@yahoo.co.uk](mailto:Karenlemottee@yahoo.co.uk)

Please note that without volunteers to help on these evenings we will not be able to hold the competitions.